



# EXECUTIVE HEALTH CHECK UP

**RS 4400 MEN**

**RS 4100 WOMEN**

## **1. COMPLETE BLOOD COUNT**

- Haemoglobin
- Total WBC count
- Differential Count
- Red Blood Cell Count
- Platelet Count
- ESR
- Peripheral Smear

## **2. KIDNEY FUNCTION TEST**

- Sodium
- Potassium
- Creatinine
- Uric Acid

## **3. LIPID PROFILE**

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides
- VLDL Cholesterol
- Non HDL Cholesterol

## **4. DIABETES CHECK**

- Fasting Blood Sugar
- Postprandial Blood Sugar
- HbA1c

## **5. THYROID STIMULATING HORMONE**

## **6. LIVER FUNCTION TEST**

- Total Bilirubin
- Direct Bilirubin
- Indirect Bilirubin
- SGOT
- SGPT
- Alkaline Phosphatase
- Gamma GT
- Serum Albumin
- Serum Globulin

## **7. URINE ROUTINE**

## **8. PROSTATE SPECIFIC ANTIGEN (PSA - MEN)**

## **9. SERUM CALCIUM (WOMEN)**

## **10. VITAMIN D3**

## **11. VITAMIN B12**

## **12. CHEST X-RAY**

## **13. ELECTROCARDIOGRAM (ECG)**

## **14. ECHOCARDIOGRAM (ECHO)**

## **15. ULTRASOUND ABDOMEN AND PELVIS**

## **16. CONSULTATION**

# **BLOOD PROFILE TESTS**

## **ROUTINE PROFILE**

**(< 50 YEARS AND WOMEN) RS 1400**

**(MEN ABOVE 50) RS 1600**

- 1. COMPLETE BLOOD COUNT**
- 2. ELECTROLYTES, BUN AND CREATININE**
- 3. FASTING BLOOD SUGAR (FBS)**
- 4. LIPID PROFILE**
- 5. LIVER FUNCTION – SGPT AND SGOT**
- 6. URINE ROUTINE**
- 7. THYROID STIMULATING HORMONE**
- 8. VITAMIN B12**
- 9. VITAMIN D3**
- 10. SERUM URIC ACID**

A close-up photograph of a person's hand being examined by a healthcare professional. The professional is using a glucometer to test the person's blood sugar. The background is a blurred clinical setting. The image is overlaid with a blue geometric shape on the left side containing text.

# DIABETIC PROFILE

**RS 2500**

- 1. COMPLETE BLOOD COUNT**
- 2. ELECTROLYTES, BUN AND CREATININE**
- 3. FASTING BLOOD SUGAR (FBS)**
- 4. POST PRANDIAL BLOOD SUGAR (PPBS)**
- 5. HBA1c**
- 6. LIPID PROFILE**
- 7. LIVER FUNCTION TEST**
- 8. URINE ROUTINE**
- 9. URINE MICROALBUMIN**
- 10. THYROID FUNCTION TEST**
- 11. VITAMIN B12**
- 12. SERUM URIC ACID**
- 13. SERUM CALCIUM**



# YOUNG WOMEN PROFILE

RS 4500

## 1. HORMONE PROFILE

- Follicle Stimulating Hormone (FSH)
- Luteinizing Hormone (LH)
- Serum Estradiol
- Serum Progesterone
- Serum Prolactin
- Serum Testosterone
- Thyroid Stimulating Hormone
- Free T4 levels

## 2. HAEMOGLOBIN

## 3. VITAMIN D3

## 4. VITAMIN B12

## 5. FOLIC ACID

## 6. IRON PROFILE

## 7. ULTRASOUND ABDOMEN AND PELVIS



# ANAEMIA PROFILE

**RS 2500**

- 1. COMPLETE HEMOGRAM**
- 2. PERIPHERAL SMEAR**
- 3. VITAMIN B12**
- 4. FOLIC ACID**

- 5. IRON PROFILE**
- 6. RETICULOCYTE COUNT**
- 7. STOOL OCCULT BLOOD**

# OUR FACILITIES

## 1. Cardiac Services

- Electrocardiogram
- Echocardiogram
- Treadmill Testing
- Holter Monitoring
- Ambulatory Blood Pressure Monitoring

## 2. General Medical Clinic

## 3. Heart Failure Clinic

## 4. Diabetes Management

## 5. Health Packages

## 6. Fully Functioning Laboratory Service (home collection included)

## 7. Radiology Services

- Ultrasound Service
- Digital X-ray

## Our Partners



Home Delivery of Medicines at 25-35% discount and remote health management platform.



Cardiac risk factor management service and cardiac rehabilitation program.



The perfect program to control diabetes through a holistic management approach with us at the centre of your treatment.

For Home Blood Collection

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*We Care For Your Heart*



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